

QUINCY INVITATIONAL SWIM MEET JULY 29 & 30, 2006

Sanction: Held under USA Swimming/Sierra Nevada Swimming Sanction No. 06-26

Location: Quincy Community Pool. From Highway 70 in Quincy, turn north on Fairgrounds Road. The pool is one block north on the corner of Fairgrounds Road and Pioneer Road, Quincy.

Course: Outdoor 25 yard 6 lane heated pool. A warm up pool is also available.

Time: Warm-ups will begin no later than 8 am and the meet starts at 9 am each day.

Rules: Current USA Swimming and Sierra Nevada Swimming rules will govern the meet. All events are timed finals. Swimmers may enter up to five individual events plus one relay each day. All swimmers must have a current registration card and must enter the number on their entry forms. Swimmers who enter as “pending” or “applied for” or who leave the number off their entry form must be prepared to present their current card or registration before being allowed to check-in.

Check-in: The meet will be deck seeded. Swimmers must check-in with the Clerk of the Course for the first 4 events by 8:30. Swimmers must check in for other events at least 30 minutes before the estimated start time of that event. Swimmers who do not check in for an event will not be allowed to swim that event.

Entries: Option 1: Entries must be post marked by July 17, 2006 or hand-delivered to the Quincy Community Pool by Wednesday July 19. Individual entries must be on a Consolidated Entry Form (SAMMS consolidated card). Entry forms must be filled out completely and legibly. “No time” entries will be accepted. Deck entries will be accepted if the entry limit has not been reached. Deck entries will be for time only (not awarded or scored).

Option 2: Online Meet Entries at: <http://swimconnection.com/sn/meet/ppst2>
You will receive immediate confirmation of acceptance via email. The “billing information” email should be brought to the meet as proof of entry. Online entry requires payment by credit card using our secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. Fees collected by the use of this system is completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Sierra Nevada Swimming.

Entry Limits: This meet will be limited to the first 375 swimmers. Swimmers may enter up to 5 individual events (not counting relay events) each day. Submitted entries will be processed as received. If the entry limit is reached while processing a team entry, the balance of that team will be processed. Early entries are strongly encouraged!

Entry Fees: Individual entry fees (including deck entries) are \$2.00 per swimmer per event (including the \$.25 SNS fee, \$.50 to age group and \$.25 to national travel funds). There is also a **pool surcharge of \$3.00 per swimmer** to help cover the cost of the pool. Make checks payable to Plumas Swim Team. No refunds will be given.

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Relays: Relay entries will be collected on Saturday during the meet before 1 pm. Relay entry fees are \$8.00 per relay event (includes \$1.00 SNS fee, \$2.00 to age group and \$1.00 to national travel funds) and payable at time of submittal.

Seeding: The meet will be deck seeded. Any event with twenty or more swimmers at check-in will be divided equally into two flights based on final swim times. The faster will be designated Gold Flight and the slower will be Blue Flight. Identical times on the dividing line will be moved into the Gold Flight, as will the middle time in a group with an odd number. An event with less than twenty swimmers will be Gold Flight only.

Awards: Separate awards will be given to each age group (6 & Under, 7/8, 9/10, 11/12, 13/14, 15/16 and 17/18) in combined age group events. All Gold Flight awards (1st-12th) and Blue Flight awards 1st-3rd are medals and Blue Flight awards (4th-12th) are ribbons. Relays are awarded special ribbons. Individual high point winners for girls and boys in each age group will be given special awards. Team high point (1st-3rd) will be awarded. Individuals achieving new "A" times will also be awarded. **Yes, we give a lot of awards!**

Scoring: Gold Flight scores for 1st through 12th: 16, 13, 11, 9, 8, 7, 6, 5, 4, 3, 2, 1. Medley relays are awarded but not scored. The mixed relay is just for fun!

Officials: Referee—Fred Stolp; Starter—John Phyl; Meet Director—Jerry Sipe

Minimum Officials: Each team shall, by the entry deadline, provide the meet director or designee a list of officials who have agreed to represent that team during the meet, in accordance with the following table:

| Number of a team's swimmers entered in the meet | Number of trained & carded officials required |
|---|---|
| 0 to 10 | 0 |
| 11-25 | 1 |
| 26-50 | 2 |
| 51-75 | 3 |
| 76-100 | 4 |
| 101 or more | 5 |

One half-hour before the scheduled start of each session, the meet referee shall conduct an inventory of officials, and shall compare the number of entries against the number of officials present representing each team. Those teams who have not provided sufficient officials shall have all their swimmers treated as "time-only swimmers" in all aspects of that session.

Admission: Free. Programs will be available for \$4.00

Restrictions: Sale or use of alcoholic drinks is prohibited in all areas of the meet venue. Smoking or the use of other tobacco products will not be allowed on the deck, in the bleachers, locker rooms or other areas designated as swimmer rest areas.

Food: Working officials and timers will be served an early morning snack and lunch. A pancake breakfast and snack bar will be available throughout the meet.

Mail Entries to: Plumas Swim Team, Post Office Box 407, Quincy, CA 95971

Questions? Contact the Meet Director Jerry Sipe at sipe@onemain.com

QUINCY INVITATIONAL SWIM MEET

JULY 29 & 30, 2006

Saturday July 30, 2005

Events By Age Group

| Girls | Boys | Age Group | Event | | Girls | Boys | 6-Un |
|-------|------|-----------|------------------|-----|-------------------|------|-------------|
| 1 | 2 | 13-18 | 200 IM | Sat | 7 | 8 | 25 Free |
| 3 | 4 | 11-12 | 100 IM | | 15 | 16 | 25 Breast |
| 5 | 6 | 9-10 | 100 IM | | 23 | 24 | 50 Back |
| 7 | 8 | 8-UN | 25 Free | | 29 | 30 | 25 Fly |
| 9 | 10 | 13-18 | 100 Breast | Sun | 53 | 54 | 25 Back |
| 11 | 12 | 11-12 | 50 Breast | | 61 | 62 | 50 Breast |
| 13 | 14 | 9-10 | 50 Breast | | 69 | 70 | 50 Free |
| 15 | 16 | 8-UN | 25 Breast | | Girls Boys | | 7-8 |
| 17 | 18 | 13-18 | 200 Back | Sat | 7 | 8 | 25 Free |
| 19 | 20 | 11-12 | 100 Back | | 15 | 16 | 25 Breast |
| 21 | 22 | 9-10 | 100 Back | | 23 | 24 | 50 Back |
| 23 | 24 | 8-UN | 50 Back | | 29 | 30 | 25 Fly |
| 25 | 26 | 13-18 | 200 Fly | Sun | 45 | 46 | 100 IM |
| 27 | 28 | 11-12 | 100 Fly | | 53 | 54 | 25 Back |
| 29 | 30 | 8-UN | 25 Fly | | 61 | 62 | 50 Breast |
| 31 | 32 | 13-18 | 100 Free | | 69 | 70 | 50 Free |
| 33 | 34 | 11-12 | 100 Free | | Girls Boys | | 9-10 |
| 35 | 36 | 9-10 | 100 Free | Sat | 5 | 6 | 100 IM |
| 37 | 38 | 13-18 | 200 Medley Relay | | 13 | 14 | 50 Breast |
| 39 | 40 | 12-UN | 200 Medley Relay | | 21 | 22 | 100 Back |
| | | | | | 35 | 36 | 100 Free |
| | | | | Sun | 47 | 48 | 50 Fly |
| | | | | | 55 | 56 | 50 Back |

Sunday July 31, 2005

| | | | | | | | |
|----|----|-------|------------|-----|-------------------|----|--------------|
| | | | | | 63 | 64 | 100 Breast |
| 41 | 42 | 11-12 | 200 Free | | 71 | 72 | 50 Free |
| 43 | 44 | 13-18 | 200 Free | | | | |
| 45 | 46 | 7-8 | 100 IM | | Girls Boys | | 11-12 |
| 47 | 48 | 9-10 | 50 Fly | Sat | 3 | 4 | 100 IM |
| 49 | 50 | 11-12 | 50 Fly | | 11 | 12 | 50 Breast |
| 51 | 52 | 13-18 | 100 Fly | | 19 | 20 | 100 Back |
| 53 | 54 | 8-UN | 25 Back | | 27 | 28 | 100 Fly |
| 55 | 56 | 9-10 | 50 Back | | 33 | 34 | 100 Free |
| 57 | 58 | 11-12 | 50 Back | | 39 | 40 | 200 MR |
| 59 | 60 | 13-18 | 100 Back | Sun | 41 | 42 | 200 Free |
| 61 | 62 | 8-UN | 50 Breast | | 49 | 50 | 50 Fly |
| 63 | 64 | 9-10 | 100 Breast | | 57 | 58 | 50 Back |
| 65 | 66 | 11-12 | 100 Breast | | 65 | 66 | 100 Breast |
| 67 | 68 | 13-18 | 200 Breast | | 73 | 74 | 50 Free |
| 69 | 70 | 8-UN | 50 Free | | Girls Boys | | 13-18 |
| 71 | 72 | 9-10 | 50 Free | Sat | 1 | 2 | 200 IM |
| 73 | 74 | 11-12 | 50 Free | | 9 | 10 | 100 Breast |
| 75 | 76 | 13-18 | 50 Free | | 17 | 18 | 200 Back |
| | 77 | Mixed | 200 Free | | 25 | 26 | 200 Fly |
| | | | | | 31 | 32 | 100 Free |
| | | | | | 37 | 38 | 200 MR |
| | | | | Sun | 43 | 44 | 200 Free |
| | | | | | 51 | 52 | 100 Fly |
| | | | | | 59 | 60 | 100 Back |
| | | | | | 67 | 68 | 200 Breast |
| | | | | | 75 | 76 | 50 Free |

8-UN events will be swum together but awarded and scored as 7-8 and 6-UN

Mixed Relay team consists of two boys and two girls, with two swimmers in the 12-UN age group and two in the 13-18 age group