

2008 Western Zone Time Standards

	GIRLS		BOYS	
	WZQT	SNPT	WZQT	SNPT
	<b>10/Under</b>			
50 Free	33.39	32.71	33.09	31.99
100 Free	1:12.19	1:10.99	1:12.69	1:10.99
200 Free	2:38.89	2:34.89	2:37.99	2:33.99
50 Back	39.29	38.49	39.49	39.13
100 Back	1:24.79	1:22.49	1:24.99	1:22.29
50 Breast	44.29	42.59	44.99	43.21
100 Breast	1:36.59	1:32.99	1:37.79	1:34.99
50 Fly	36.79	36.10	36.79	35.49
100 Fly	1:24.89	1:23.15	1:24.39	1:20.49
200 I.M.	2:58.39	2:55.09	2:59.49	2:54.99
	<b>11/12</b>			
50 Free	29.39	29.19	29.59	28.89
100 Free	1:04.69	1:03.71	1:04.19	1:02.06
200 Free	2:20.69	2:18.55	2:19.69	2:15.99
400 Free	4:56.19	4:52.64	4:55.99	4:48.99
50 Back	34.59	34.30	34.89	33.58
100 Back	1:14.29	1:12.98	1:15.19	1:11.13
50 Breast	38.59	37.26	38.29	37.09
100 Breast	1:24.19	1:21.31	1:24.39	1:20.49
50 Fly	32.39	31.86	32.49	31.05
100 Fly	1:12.39	1:11.15	1:12.79	1:09.79
200 I.M.	2:38.69	2:36.37	2:38.89	2:34.79
	<b>13/14</b>			
50 Free	28.89	28.62	27.29	26.10
100 Free	1:02.59	1:01.96	58.89	57.34
200 Free	2:14.99	2:12.77	2:08.19	2:05.73
400 Free	4:43.69	4:40.77	4:31.69	4:26.99
800 Free	9:51.59	9:33.27	9:29.99	9:08.99
1500 Free	18:57.09	18:22.22	18:02.79	17:39.50
100 Back	1:11.89	1:11.61	1:07.99	1:06.32
200 Back	2:33.59	2:31.99	2:25.79	2:23.09
100 Breast	1:20.79	1:19.89	1:16.29	1:13.88
200 Breast	2:53.99	2:49.68	2:45.79	2:39.95
100 Fly	1:09.69	1:08.99	1:05.19	1:02.65
200 Fly	2:35.59	2:32.99	2:26.89	2:21.99
200 I.M.	2:33.89	2:32.59	2:24.99	2:22.59
400 I.M.	5:26.49	5:19.99	5:08.29	5:04.69

	<b>15/16</b>	Girls			Boys
<b>50 Free</b>	28.99		28.71	26.29	25.78
<b>100 Free</b>	1:02.99		1:02.75	57.39	56.21
<b>200 Free</b>	2:15.79		2:14.35	2:05.69	2:02.33
<b>400 Free</b>	4:45.39		4:42.29	4:26.99	4:21.55
<b>800 Free</b>	9:52.69		9:43.29	9:19.99	8:59.99
<b>1500 Free</b>	19:02.19		18:33.99	18:03.19	17:25.99
<b>100 Back</b>	1:12.09		1:11.79	1:06.39	1:05.29
<b>200 Back</b>	2:35.09		2:31.99	2:24.09	2:21.25
<b>100 Breast</b>	1:19.49		1:19.99	1:14.39	1:12.19
<b>200 Breast</b>	2:56.19		2:52.74	2:43.29	2:38.09
<b>100 Fly</b>	1:10.09		1:08.60	1:03.49	1:02.09
<b>200 Fly</b>	2:37.19		2:34.41	2:23.79	2:19.09
<b>200 I.M.</b>	2:35.49		2:33.85	2:22.49	2:20.09
<b>400 I.M.</b>	5:27.59		5:22.97	5:04.59	4:58.09
	<b>17/18</b>				
<b>50 Free</b>	29.89		29.19	26.59	26.16
<b>100 Free</b>	1:04.99		1:03.32	58.29	56.68
<b>200 Free</b>	2:21.09		2:17.59	2:07.89	2:03.54
<b>400 Free</b>	4:59.89		4:50.99	4:35.19	4:26.59
<b>800 Free</b>	10:25.09		10:01.99	9:37.69	9:14.99
<b>1500 Free</b>	20:15.09		19:17.59	18:35.19	17:55.99
<b>100 Back</b>	1:17.09		1:14.53	1:09.29	1:05.79
<b>200 Back</b>	2:45.59		2:35.99	2:31.29	2:22.22
<b>100 Breast</b>	1:26.39		1:23.49	1:17.29	1:12.99
<b>200 Breast</b>	3:08.09		2:56.99	2:50.99	2:39.99
<b>100 Fly</b>	1:13.89		1:11.59	1:04.89	1:01.67
<b>200 Fly</b>	2:51.49		2:40.99	2:33.59	2:20.99
<b>200 I.M.</b>	2:41.09		2:37.58	2:26.39	2:21.59
<b>400 I.M.</b>	5:52.59		5:30.99	5:21.79	5:03.59